



**FOR IMMEDIATE RELEASE**  
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***IMC's NEWPORT ACADEMY OF BALLET ANNOUNCES VIRTUAL  
BEGINNER ADULT DANCE CLASS SERIES***

(Newport, RI)- Island Moving Company (IMC), Newport's classically trained, uniquely accessible, contemporary ballet company and its professional school, The Newport Academy of Ballet (NAB), announces ***STREAMING ADULT BEGINNER DANCE CLASSES***, a new series of movement classes that can be accessed at home or anywhere people are connected to the internet.

Executive Director Peter Bramante said, "*this new series furthers IMC & NABS commitment to develop innovative programming and find new ways to connect with our audiences, students and dance lovers during this time.*"

***VIRTUAL BEGINNER ADULT DANCE CLASS SERIES*** is NAB's ongoing response to provide original, world-class dance education for dancers, who are longing for creative connection and stimulating content. These classes are one hour in length and offered at a discount over in-person classes. The cost is \$10 / class or 10 class card is \$90 with no expiration date\*. Come dance with us in the comfort of your own home! Meet new friends, try something new and exercise! No experience necessary!

Libby Stackhouse, NAB registrar said, "*The variety of classes available through this series are designed to provide a vigorous and enjoyable experience that can easily be done from the participants' home.*"

The classes for this series include beginner Hip-Hop, Ballet, Tap and Salsa. All classes are taught by professional faculty affiliated with IMC and NAB. **Live Classes are taught weekly through NAB's Zoom platform.** To register for a single class or for a class card, copy & paste this link: [Register-NAB](#)

**Beginner Class schedule:**

**Adult Hip-Hop with Timur Kan - Tuesdays 6:30-7:30pm**

Each upbeat class starts with a warm-up, progresses into learning moves & choreography set to today's groove-worthy jams. This class is specifically designed for beginners focusing on rhythm, body control & coordination while encouraging individual style. Be ready to push your body and mind to the next level!

**Adult Ballet with Libby Stackhouse - Wednesdays 7-8pm**

This class is an introduction to ballet. Students will learn correct posture & alignment for classical ballet, foundation steps and simple combinations. Students should wear comfortable clothing, ballet slippers or socks. Improve your fitness, learn something new and have fun!

**Adult Tap with Samantha Parks- Thursdays 6:45-7:45pm**

This class is rooted in rhythm and encourages fun! You will be led through combinations & rhythmic patterns that will challenge your balance & mind. Students should wear tap shoes or socks. Let's make some noise!

**Adult Salsa with Jose Carlos Losada - Saturdays 7-8pm**

Salsa Class starts with a warm-up that includes stretching & conditioning followed by an intro to Cuban Salsa. Listen to great music and learn all the basic steps. Get ready to hit the clubs when the quarantine is lifted.,

Complete class descriptions are available on the academy's website: [newportacademyofballet.com](http://newportacademyofballet.com). Current and prospective dancers can email Libby Stackhouse, [libby@islandmovingco.org](mailto:libby@islandmovingco.org) for more information.

IMC's Executive Director Bramante concluded, *"The staff and board of IMC are working diligently to monitor COVID-19 developments and create responsive programming that offers our community access to resources as well as ways to connect to each other -- with the safety of all as our top priority"* He Continued, *"Rest assured, as soon as it is prudent to return to regular programming, we'll be dancing with delight and ready to welcome you back to classes and performances in person. Until then, we'll continue to create new resources and ways for you to connect with us and our community."*

IMC / NAB's mission is to build the cultural, educational and economic vitality of the community through dance creation, performance and education.

IMC is a registered 501C3 non-profit organization and relies on support from individuals and sponsors for a portion of its annual revenue. IMC asks that you support their mission in any way you can at this time, including with your patience and generous spirit.

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